

S-29 June, 2013 AC after Circulars from Circular No.03 & onwards

- 21 -

DR. BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY**CIRCULAR NO.ACAD/NP/B.A.Psy.-IIIrd Yr./SEM.-V & VI/18/2013**

It is hereby notified for information of all concerned that, on the recommendation of the Board of Studies in Psychology under the Faculty of Social Sciences, the Hon'ble Vice-Chancellor has accepted the "**New Syllabus of B.A.IIIrd Year, Psychology, Semester-V & VI**" for **Model College, Ghansawangi, Dist-Jalna** on behalf of the **Academic Council Under Section-14(7) of the Maharashtra Universities Act, 1994 as appended herewith.**

This is effective from the **Academic Year 2013-2014** and onwards.

All concerned are requested to note the contents of this circular and bring the notice to the students, teachers and staff for their information and necessary action.

University Campus,
Aurangabad-431 004.
REF.NO.ACAD/NP/B.A.-IIIrd YEAR/
Psy./Sem-V & VI/2013/27196-205
V.C.14[7] A-06.

Date:- 02-08-2013.

★
★
★
★
★
★
★

X/Lamban
Director,
Board of College and
University Development.

Copy forwarded with compliments to :-

- 1] **The Principal, Model College, Ghansawangi, Dist-Jalna, affiliated to Dr. Babasaheb Ambedkar Marathwada University.**

Copy to :-

- 1] The Controller of Examinations,
- 2] The Superintendent, [B.A. Unit],
- 3] The Superintendent, [Eligibility Unit],
- 4] The Programmer [Computer Unit-1] Examinations,
- 5] The Programmer [Computer Unit-2] Examinations,
- 6] The Director, [E-Suvidha Kendra], in-front of Registrar's Quarter, Dr. Babasaheb Ambedkar Marathwada University,
- 7] The Public Relation Officer,
- 8] The Record Keeper,

Dr. Babasaheb Ambedkar Marathwada University.

==**=-

S*/-020813/-

**Dr. Babasaheb Ambedkar Marathwada University,
Aurangabad.**



MODEL COLLEGE OF ARTS, COMMERCE & SCIENCE,

Ghansawangi, Dist. Jalna

Syllabus for – B.A. Third Year (Psychology)

Semester-V & VI

(With Credit System)

(Effective from 2013-2014 Onwards)

Dr. H.S. Marathe

Dr. S.V. Marathe

SEMESTER –V									
Sr. No.	Curriculum	Name of the Subject	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Practical	Total Marks
1.	A) Major (Core)	a) Abnormal Psychology	3	2	5	5	30	20	50
		b) Organizational Psychology	3	2	5	5	30	20	50
2.	B) Major (Supportive)	Developing the Life Span	2	2	4	4	60	40	100
3.	C) Major (Applied)	a) Counseling Psychology	2	2	4	4	60	40	100
		b) Psychology of Stress	2	2	4	4	60	40	100
Total (A+B+C)			12	10	22	22	240	160	400
SEMESTER – VI									
Sr. No.	Curriculum	Name of the Subject	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Practical	Total Marks
1.	A) Major (Core)	a) Psychopathology	3	2	5	5	30	20	50
		b) Organizational Behaviour	3	2	5	5	30	20	50
2.	B) Major (Supportive)	Developmental Psychology	2	2	4	4	60	40	100
3.	C) Major (Applied)	a) Counseling Process	2	2	4	4	60	40	100
		b) Health Psychology	2	2	4	4	60	40	100
Total (A+B+C)			12	10	22	22	240	160	400

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.**Model College of Arts, Commerce & Science, Ghansawangi, Dist. Jalna****PSYCHOLOGY****SYLLABUS FOR – B.A****With effective from 2011-2012****Semester – V**

Sr. No.	Curriculum	Name of the Subject	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Practical	Total Marks
1.	A) Major (Core)	a) Abnormal Psychology	3	2	5	5	30	20	50
		b) Organizational Psychology	3	2	5	5	30	20	50
2.	B) Major (Supportive)	Developing The Life Span	2	2	4	4	60	40	100
3.	C) Major (Applied)	I) Counseling Psychology	2	2	4	4	60	40	100
		II) Psychology of Stress	2	2	4	4	60	40	100
Total (A+B+C)			12	10	22	22	240	160	400

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.
Model College of Arts, Commerce & Science, Ghansawangi, Dist. Jalna
PSYCHOLOGY
Syllabus for B.A. V semester (with effect from 2013-2014)

A) Major (Core) Curriculum

A (a) ABNORMAL PSYCHOLOGY

Credit 3

1. Abnormal Behaviour in our times

- (i) Popular Views of Abnormal Behaviour
- (ii) What do we mean by abnormal behaviour?
- (iii) Dilemmas of Definition
- (iv) Mental Disorders as Maladaptive behaviours
- (v) Classifying abnormal behaviour
- (vi) DSM classification of Mental Disorders
- (vii) The problem of Labeling – Unresolved issues on classification

2 Causal Factors and Viewpoints in Abnormal Psychology

- (i) What causes Abnormal Behaviour?
- (ii) Necessary, sufficient and contributory causes
- (iii) Feedback and Circularity in Abnormal Behaviour
- (iv) Diathesis – Stress models
- (v) Models or View points for Understanding Abnormal Behaviour
 - a. The Biological viewpoints - Biological causal factors
 - b. The Psychosocial viewpoints – Psychosocial causal factors
 - c. The Socio-cultural viewpoint –Socio-cultural causal factors.

3 Panic, Anxiety and their Disorders

- (i) The Fear and Anxiety Response patterns
- (ii) Anxiety Disorders
 - Phobic Disorders
 - Specific Phobia
 - Social Phobia
- (iii) Panic Disorder Agoraphobia
- (iv) Obsessive – Compulsive Disorders
 - Treatment and outcomes.

Practical	(any Four)	Credit 2
1.	Anxiety Test – Sinha & Sinha	
2.	Maudsley Personality Inventory- H.J. Eysenck	
3.	State-Trait Anxiety Test (STAT)	
4.	Frustration test – Chavvan & Tiwari	
5.	PGI Health Questioner	
6.	Emotional Maturity	
7.	Locus of Control	

Source Book:

- 1) Irwin G. Sarason & Sarson Barbara R. (2008), Abnormal Psychology- The problem of Maladaptive behaviour (11th ed.). Pearson Pub.
- 2) Carson Rober C. Butcher, James N. and ineke Susan (1996), Abnormal Psychology and Modern Life.new York: Harper Colins.
- 3) Mansi Rajhans, Angha Patil & Sushil Surve (2001), Abnormal Psychology.Unmesh Prakashan-Pune
- 4) Introduction to Psychopathology by Lamman.
- 5) Psychopathology by Buss A.H.

A) Major (Core) Curriculum	
A (b) ORGANIZATIONAL BEHAVIOUR	Credit 3
<ol style="list-style-type: none"> 1. Organization Behaviour -Definition of OB - Contribution of Taylor, Fayoll 2. understanding O.B <ol style="list-style-type: none"> (i) Open System approach (ii) Human Relations perspective (iii) Socio-technical approach (iv) Developing an O.B. model Responsive to ideation realities 	<p style="text-align: center;">Historical Context of</p> <p style="text-align: center;">Perspectives for</p>

<p>3. organization</p> <p>(i) Characteristics</p> <p>(ii)</p> <p>(iii) Measurement concept of skill</p> <p>(iv)</p> <p>(v) attributes affecting O. B.</p> <p>(vi) and job</p> <p>(vii)</p>	<p>Person in the</p> <p>Biographical</p> <p>Personality Definitions and</p> <p>Self awareness</p> <p>Major personality</p> <p>Matching personality</p> <p>Personality and culture</p>
---	--

Practical	(any Four)	Credit 2
------------------	-------------------	-----------------

1. Vocational Interest record: -S. P. Kulshrestha
2. Leadership Questionnaire
3. Occupational Stress Inventory
4. Job Satisfaction
5. Achievement Motivation
6. Type A/ B Behaviour Pattern Scale

Books for Readings

1. Robins S.P. (2000) Organizational Behaviour concepts, controversies and application, New Delhi Prentice Holl of India.
2. Peters (1994), Completive advantage through people, Unlashing the power of workforce- Baston Havard Business School Brass
3. Cumming L.L. and Staw B.M. (1999) Research in Organizational Behaviour Care with jai press

B) Major (Supportive)

Total Credit 4**B DEVELOPING THE LIFE SPAN****Credit 2****1. The study of Life Span**

- (i) History background of life span studies.
- (ii) Scope of Life Span
- (iii) Objectives of life Span development
- (iv) Important concept in life Span development

2. The start of life Span

- (i) Role of Heredity
- (ii) Important of Pregnancy
- (iii) The interaction of Heredity and environment

3. Prenatal Development

- (i) What happens in prenatal stage?
- (ii) Threats during the growth of fetus
- (iii) Birth and their types

Practical

Credit 2

Observing behaviour of Children's in different life stages from the point of view Piaget (at list 3 Cases)

Source Book

- Berk Laura E (2004),
Deveoment through the Life-Span, 3rd ed., N.D. Pearson
- Feldman R.S. (2009),
Discovering the Life-Span, London, Person
- Carol K. Sigelman &
Elizabeth Rider (2003), Human Development , Cengage Learning
- Dr. R.R. Borude,
Medha Kumthekar & Shila Golvikar (2013), Vaikasik Manasshastra-Pune
Vidhyarthi Gurhu Prakashan, Pune

C) Major (Applied)**Total Credit 4****C (a) COUNSELING PSYCHOLOGY****Credit 2**

1. *Definition of Counseling*
2. *Differences between guidance and Counseling*
3. *Personal Counseling*
4. *Interpersonal Counseling*
5. *Family Counseling*
6. *Educational Counseling*
7. *Vocational Counseling*

Practical**Credit 2**

- Counseling report on
following selective problems (at least Two Problems)
 - (i) Lack of Motivation
 - (ii) Educational failure:
who is responsible?
 - (iii) Hyperactive Children
 - (iv) Lack of Concentration

Source Books:

- * Samuel T. Gladding (2009), Counseling (6th ed.) Pearson
- Chandrashekar Deshpande (2010), Samupdeshan-Shastiriya Prakriya va Upayoujan. Unmesh Prakashan, Pune.

C) Major (Applied)**Total Credit 4****C (b) PSYCHOLOGY OF STRESS****Credit 2****1) WHAT IS STRESS?**

- i) Stress and Burnout
- ii) Response based model of stress
- iii) Stimulus based model of stress
- iv) An interactive model of stress
- v) The psychodynamic approach
- vi) Stress tolerance limit
- vii) Burnout

2) LIFE EVENTS STRESS

- i) The concept of life stress
- ii) Variance in life stress
- iii) Life stress and psychosis
- iv) Life stress and hysteria
- v) Life stress and certain disorders
 - (a) Cancer
 - (b) Peptic ulcer
 - (c) Irritable bowel syndrome
 - (d) Diabetes
 - (e) Bronchial asthma

Seminar

Credit 2

1. Seminar on following Behavior techniques for Managing stress

- (i) Relaxation Training
- (ii) Cognitive Behavioral Therapy
- (iii) Emotional Disclosure

Books for reading: -

1. Pestonjee, D.M. (1999). Stress and Coping. (2nd) New Delhi: Sage publication.
2. Lazarus. Psychology of stress and health.
3. Cartwright, S and Cooper, C. L. (1997): Managing workplace stress, New Delhi: Sage
4. Linda Brannon & Jess Feist (2007), Introduction to Health Psychology. Thomson Wadsworth
5. Dr. Anga Patil (2011), Manage Your Stress. Parchure Prakashan Mumbai.

S-NPW-02[f] June-2013 All Syllabus Social Sciences Model College Syllabus of Psychology Semester-V & VI - 12 -

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.
Model College of Arts, Commerce & Science, Ghansawangi, Dist. Jalna

PSYCHOLOGY

SYLLABUS FOR – B.A

With effective from 2013-2014

Semester – VI

Sr. No.	Curriculum	Name of the Subject	Scheme of Teaching (Periods/Week)				Scheme of Evaluation (Marks)		
			L	P	Total Periods	Total Credits	Theory	Practical	Total Marks
1.	A) Major (Core)	a) Psychopathology	3	2	5	5	30	20	50
		b) Organizational Behaviour	3	2	5	5	30	20	50
2.	B) Major (Supportive)	Developmental Psychology	2	2	4	4	60	40	100
3.	C) Major (Applied)	a) Counseling Process	2	2	4	4	60	40	100
		b) Health Psychology	2	2	4	4	60	40	100
Total (A+B+C)			12	10	22	22	240	160	400

Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.
Model College of Arts, Commerce & Science, Ghansawangi, Dist. Jalna

PSYCHOLOGY

Syllabus for B.A. VI semester (with effect from 2013-2014)

A) Major (Core) Curriculum

A (a) PSYCHOPATHOLOGY

Credit 3

1. Somatoform and Dissociative Disorders

(i) Somatoform Disorder

- Hypochondriasis
- Somatization Disorder
- Panic Disorder
- Conversion Disorder
- Body Dysmorphic Disorder

(ii) Dissociative Disorders

- Depersonalization Disorder
- Dissociative Amnesia and Fugue
- Dissociative Identity Disorder (DID)

Causal Factors in Somatoform and Dissociative Disorders

Treatment and Outcomes

2. Mood Disorders

What are Mood disorders?

(i) Unipolar mood disorders

- Depressions That Are Not Mood Disorders
- Dysthymic Disorder
- Major Depressive Disorder

Causal Factors in Unipolar mood Disorders

- Biological Causal factors
- Psychosocial Causal factors

(ii) Bipolar Disorders

- (i) Cyclothymic Disorders
- (ii) Bipolar Disorders (I and II)

Causal Factors in Bipolar Disorder

- (i) Biological Causal factors
- (ii) Psychosocial Causal factors

Treatments and Outcomes

3. Schizophrenia and Other Psychotic Disorders

(i) Schizophrenia

- The clinical Picture in Schizophrenia
 - (i) Delusions
 - (ii) Hallucinations
 - (iii) Disorganized Speech
 - (iv) Disorganized and Catatonic Behaviour
 - (v) Negative Symptoms

(ii) Subtypes of Schizophrenia

(i) Paranoid Type

(ii) Disorganized Type

(iii) Catatonic Type

(iv) Undifferentiated Type

(v) Residual Type

(vi) Other Psychotic Disorders

Causal Factors in Schizophrenia

- Biological Factors in Schizophrenia

- Psychosocial and Cultural Aspects

Treatment and Clinical Outcome

I (a) Practical	(any Four)	Credit 2
1.	Beck's Depression Inventory	
2.	8SQ	
3.	State and Trait Anxiety- C.G. Deshpande	
4.	Neuroticism Scale Questionnaire (NSQ) - Scheier & Cattell	
5.	Suicidal Ideation Scale	
6.	Mental Health	

Books for Readings: -

- 1) Irwin G. Sarason & Sarson Barbara R. (2008), Abnormal Psychology- The problem of Maladaptive behaviour (11th ed.). Pearson Pub.
- 2) Carson Rober C. Butcher, James N. and ineke Susan (1996), Abnormal Psychology and Modern Life.new York: Harper Colins.
- 3) Mansi Rajhans, Angha Patil & Sushil Surve (2001), Abnormal Psychology.Unmesh Prakashan-Pune
- 4) Introduction to Psychopathology by Lamman.
- 5) Psychopathology by Buss A.H.

A) Major (Core) Curriculum

A (b) ORGANIZATIONAL BEHAVIOUR

Credit 3

1. The individual in the organization:

- Concept of Motivation
- Early theories of motivation,
- Need hierarchy theory,
- Two factor theories,
- Skill involved in motivating workers, MBO Behaviour modification
- Employee involvement programs

2. The group and organization:

- Nature, types and stages of group development
- Conditions affecting group functioning
- Organizational structure,
- Authority systems,
- Personnel selections, performance evaluation and reward systems,
- Organizational culture and physical setting,
- Skills involved in managing groups.

3. Communication in organizations:

- Communication model,
- Barriers and sources of distortions
- Directions and network of communications
- Communications and decision making,
- Cross-cultural communications,
- Skill involved in communicating

Practical	(any Four)	Credit 2
------------------	-------------------	-----------------

1. Study of Values
2. Formation of spontaneous group – Sociometry
3. Social Distance Scale
4. Social acceptability among peers (TSAAP) – Chopra, S.L.
5. Social competence scale (SCS) – Sharma, V. P., Shukla, P., & Shukla, K
6. Altruism Scale: - S. N. rai S. Singh

Books for Readings:-

1. Robins S.P. (2000)
Organizational Behaviour concepts, controversies and application, New Delhi Prentice Holl of India.
2. Peters (1994),
Compleitive advantage through people, Unlashing the power of workforce-
Baston Havard Business School Brass
3. Cumming L.L. and
Staw B.M. (1999) Research in Organizational Behaviour Care with jai press

B) Major (Supportive)	Total credit 4
B- DEVELOPMENTAL PSYCHOLOGY	Credit 2
1. - Neonatal Stage - neonatal Stage	Neonatal Stage Adjustment during Characteristics of
2. Infancy - Development - infant - infant - infant - of infant - of infant	Meaning of Growth and Physical Growth of Motor development of Sensory development of Cognitive development Language development
3. Pre childhood - childhood - childhood - of Pre childhood - during Pre childhood - aggression	Physical Growth of Pre Motor Growth of Pre Cognitive development Social environment Moral development &

B (II) Practical

Credit 2

1. The student should write report of his/her observation on following Pre-childhood development

- childhood Motor Growth of Pre
- of Pre childhood Cognitive development
- aggression Moral development &

Source Book

- Berk Laura E (2004),
Deveoment through the Life-Span, 3rd ed., N.D. Pearson
- Dr. R.R. Borude, Medha
Kumthekar & Shila Golvikar (2013), Vaikasik Manasshastra-Pune Vidhyarthi Gurhu
Prakashan, Pune
- Carol K. Sigelman &
Elizabeth Rider (2003), Human Development , Cengage Learning

C) Major (Applied)

Total Credit 4**C (a) COUNSELING PROCESS****Credit 2**

1. Counseling Process
2. Counseling process as tools of Personality development
3. Rapport between Counselor and Counselee
4. Objectives of Counseling
5. Direct Counseling Process
6. Important factors in Counseling process
7. Counseling self
8. Ethics in Counseling process

Practical	Credit 2
1. following selective problems (at least Two Problems)	Counseling report on
-	
(i)	Inferiority complex
(ii)	Marital Maladjustment
(iii)	H.I.V.
(iv)	Conflict between
Husband & Wife	

C) Major (Applied)	Total Credit 4
<p>C (b) HEALTH PSYCHOLOGY</p> <p>1.</p> <p>(i)</p> <p style="padding-left: 20px;">- Does Not?</p> <p style="padding-left: 20px;">-</p> <p>(ii)</p> <p style="padding-left: 20px;">of Tobacco Use</p> <p style="padding-left: 20px;">-</p> <p style="padding-left: 20px;">-</p> <p style="padding-left: 40px;">Smoking</p> <p>(iii) Interventions for reducing Smoking Rates</p> <p style="padding-left: 20px;">-</p> <p style="padding-left: 40px;">Does Not?</p> <p style="padding-left: 20px;">-</p> <p>2. Using alcohol</p> <p>(i) The effect of Alcohol</p> <p style="padding-left: 20px;">- Hazards of Alcohol</p> <p style="padding-left: 20px;">- Benefits of Alcohol</p> <p>(ii) Why Do People Drink?</p> <p style="padding-left: 20px;">- The Disease Model</p> <p style="padding-left: 20px;">- Cognitive-Physiological Theories</p> <p style="padding-left: 20px;">- The Social learning Model</p>	<p>Credit 2</p> <p>Smoking Tobacco</p> <p>Choosing to Smoke</p> <p>Who Smokes and who</p> <p>Why Do people smoke?</p> <p>Health consequences</p> <p>Cigarette Smoking</p> <p>Cigar and Pipe</p> <p>Who Quits and Who</p> <p>Relapse Prevention</p>

S-NPW-02[f] June-2013 All Syllabus Social Sciences Model College Syllabus of Psychology Semester-V & VI - 23 -

(iii) Changing Problem Drinking

- Change without Therapy
- Treatments Oriented Toward
- Abstinence
- Control Drinking

Practical	Credit 2
1. following points	Postal Presentation on
-	Smoking Tobacco
-	Using alcohol

-***-

S*/-2400713/-

~~Dr. H. J. Narke~~
 Dr. H. J. Narke
 S. V. Marathe
 Dr. S. V. Marathe